



IN THE UNSEEN

A film by Amparo Garrido

Short Synopsis

One year in Costa da Morte. Solitude and nature. An experience of radical transformation.

Synopsis

Amparo, a visual artist, travels to Costa da Morte. Captivated by the beauty of migratory birds, a profound communion with nature, and the changing seascape, she decides to remain there and live alone for a year. We accompany her through her creative process: working with the intangible, sustaining uncertainty, and allowing the project to become whatever it needs to be. On this journey, Amparo pushes beyond her own limits and is transformed.

Director's Notes

I like to think that every place holds stories, languages, and ways of seeing that already exist and are seeking to emerge.

As an artist and filmmaker, I try to create the conditions for “that” to appear, and to reach a state of mind from which I can listen to the material as it unfolds and allow the film to reveal itself.

When I first began to glimpse the possibility of this project, my immediate thought was: How incredible would it be to spend a year alone in a small village in Costa da Morte, Galicia?

Winter and solitude proved harsh.

Near my village there was an observatory overlooking a marsh, where I could take refuge and observe the beauty and vulnerability of migratory birds.

When the weather allowed, I would go and watch the sea, reading it as a succession of emotional states: anger, fury, fear, melancholy, peace.

It was extraordinary to board the *Chasula* and experience the thrill of seeing and hearing a pair of whales nearby, as well as to witness the rescue of a dolphin whose snout had become trapped in one of the many discarded plastic nets in the sea.

I was seeking a process of transformation. An experience of *open solitude*, one that would confront me simultaneously with transcendence and with the abyss.



Technical specifications

ORIGINAL TITLE *In the Unseen*

TYPE Documentary / Fiction

RUNNING TIME 70' 01"

LANGUAGE Spanish

SUBTITLES English

ORIGINAL FORMAT 4k DCI

PROJECTION FORMAT DCP 2K 5.1 Colour 1:85:1

PRODUCTION AZUL MEDIA ©2026 Spain

Crew

DIRECTOR & DIRECTOR OF PHOTOGRAPHY Amparo Garrido

PRODUCED BY Chema de la Peña

SCREENPLAY BY Amparo Garrido and Tatiana Rodríguez

EDITING Arrate Etxebarria

SOUND Carlos de Hita

MUSIC BY Jose Rilla

Director's Biography

Amparo Garrido is a visual artist working in photography, video, and film. She has received major awards and has held numerous national and international exhibitions. Her work is held in collections including the Museo Nacional Centro de Arte Reina Sofía (MNCARS).

In 2018, she directed her first feature-length film, *The Silence That Remains*, which screened at numerous festivals, including the Málaga Film Festival (Spain), Torino Film Festival (Italy), and DOXA Documentary Film Festival (Canada).

In 2024, she completed the short film *Meditation*, selected for the “Termitas” section—dedicated to emerging works—of the Punto de Vista Festival in Pamplona (2025).

Director's filmography

- 2024 *Meditación (Meditation)* 11' SHORT FILM
- 2019 *El silencio que queda (The Silence That Remains)* 71' FEATURE FILM
- 2009 *Sobre la escucha (On Listening)* 5'01" VIDEO ART
- 2008 *Averiguando aceitunas (Investigating Olives)* 3'35" VIDEO ART
- 2008 *Remanecer (What Remains)* 14'40" VIDEO ART
- 2006 *No digas nada (Don't say a word)* 2'39" VIDEO ART

Contact, Distribution & Sales

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